



Sex and Relationships Policy

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Date of Implementation: 1st April 2021

Date of Review: 2nd September 2025 (reviewed annually)

Policy Statement

Lexia Education Services Ltd strive to provide students with accurate information around Sex and Relationships, while promoting a safe and respectful learning environment. Tutors must always seek permission from parents/carers before delivering a Sex and Relationships curriculum. Tutors should encourage parental involvement and communication regarding the topics covered, so families can complement the education at home. Lexia Education Services recognise, that it is the responsibility of the main education provider to deliver a program of study around Sex and Relationships.

Aim and Scope

Our policy aims to guide tutors on which topics empower young people to make informed decisions and build healthy relationships and attitudes. This policy will provide some guidelines and requirements for sex and relationship topics, outlined by government bodies and relevant educational authorities.

Guidance

Tutors should approach the subject matter with sensitivity and understanding that some students may have experienced trauma or difficult situations related to sex and relationships. Tutors should create a safe environment where students feel comfortable discussing their questions and concerns.

The content should be tailored to the age and maturity level of the student. For primary age pupils, we want the subjects to put in place the key building blocks of healthy, respectful relationships,

focusing on family and friendships, including online. Younger pupils must be taught about online safety and social media. This should include the dangers of talking to unknown accounts and the sharing of personal information. Tutors may discuss the influence of peer pressure online and help students build the resilience to make informed decisions.

Secondary age pupils may build on the knowledge they may have with a focus on risk areas such as drugs and alcohol, as well as introducing knowledge about intimate relationships and sex.

The curriculum would be comprehensive in covering topics such as the importance of consent and boundaries both in a romantic context and in terms of physical contact.

Consistently tailoring the topics to the age and maturity level of the students, tutors may discuss contraception, sexually transmitted infections (STIs), LGBTQ+ issues, and healthy relationships.

Tutors must emphasise the importance of inclusivity and promote attitudes which avoid any form of discrimination. It should be sensitive to diverse cultural backgrounds and address the needs of LGBTQ+ individuals.

While providing information, tutors should respect the values and beliefs of the students and their families. The focus should be on education rather than imposing specific moral or religious views.

Collaborate with healthcare professionals and organizations to ensure that the information provided is accurate and up to date.

Context

Tutors should receive proper training in sex and relationships education. This ensures they have the knowledge and skills to handle sensitive topics appropriately.

Review

This policy must be regularly reviewed and updated based on feedback from tutors, changing circumstances, or new regulations. Lexia Education Services will ensure that the policy remains relevant and effective.